

COMMUNITY REFERRAL NETWORK

In response to resident feedback, the RCAPS Office has trained counsellors across BC to be a part of our Community Referral Network. Counsellors come from varied backgrounds and expertise areas which include; Black and BIPOC counsellors, neurodivergent, ADHD/Autism specializations, and counsellors from the LGBTQIA+ community. Our Network has flexible evening and weekend availability to accommodate busy resident schedules.

BLACK COUNSELLORS

Theresa Thomas

In Power Counselling

theresa@inpowercounselling.com

Tricia-Kay Williams

Meta Counselling

admin@metacounselling.com

RACIALIZED COUNSELLORS

Arezou Mirzaei

Safe Nest Counselling

arezou@safenestcounselling.ca

Abinash Sidhu

Metamorphose Counselling

admin@metacounselling.com

Corey Chan

Chroma Counselling

info@chromacounselling.ca

Dee Gill

Searchlight Counselling

info@searchlightcounselling.com

Fran Carrasco

Fran Carrasco Counselling

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Jenny Hsu

Love Heals Counselling

hello@lovehealscounselling.ca

Joty Rehal

Thriving Hearts

thrivingheartstherapyclinic@gmail.com

Natasha Roop

Decipher Counselling

hello@deciphercounselling.com

Nadia Don

Meta Counselling

admin@metacounselling.com

Maya Bhogal

Maya Bhogal Wellness

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Parminder Thind

Healing Heart Counselling

parm@healingheartcounseling.com

Ravin Aulak

Ravin Aulak Counselling

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Radha Ortiz

Willow Leaf Counselling

info@willowleafcounselling.ca

Sara Ahmadian

Searchlight Counselling

Info@searchlightcounselling.com

Tiffany Brown

Love in Action

appointment@lialoveinaction.ca

Vermonte Wong

Just Live Counselling

info@justlivecounselling.com

Yassie Pirani

Willow Leaf Counselling

info@willowleafcounselling.ca

*counsellor with disability



LGBTQIA2S+ COUNSELLORS

Alicia Graham

Side By Side Counselling
alicia@sidebysidecounselling.ca

Connor McFadden

CMcFadden Counselling
c.mcfadden.counselling@gmail.com

Corey Chan

Chroma Counselling
info@chromacounselling.ca

Emma Cox

Emma Cox Counselling
emma@emmacoxcounselling.com

Haylie Griffiths

Haylie Griffiths Counselling
*counsellor with disability

Helen Whitehead

Helen Whitehead Counselling
info@helenwhitehead.ca

Janette Sperber

The Empowered Life
janettebsperber@gmail.com
*counsellor with disability

Jenny Hsu

Love Heals Counselling
hello@lovehealscounselling.ca

Laura Mayne

Heartswell Counselling
laura@heartswell.ca

Natasha Roop

Decipher Counselling
hello@deciphercounselling.com

Sarah Iannone

Sarah Iannone Counselling
saraheianne@gmail.com

Sarah Anne

Sarah Anne
sarah@sarahtrivett.com

Sam Kaplan

Expressive Wellness
samkaplan@expressivewellness.ca

COUNSELLORS WITH DISABILITIES

Kristen Drozda

Kristen Drozda Counselling
kristen@kristendrozdacounselling.com
*gifted and 2e

Lucia Pecnikova

Discover Your Life
lucia@discoveryourlight.ca
*counsellor with chronic disability

NEURODIVERSE FOCUSED COUNSELLORS

Andrea Falco

Wellness with Andrea Falco
hello@andreaFalco.ca
*ADHD/ADD/Autism specialty

