## Resources for Health Care Providers to Support Indigenous Clients

Resources	
In Plain Sight Report	Website: <u>https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-</u> Summary-Report.pdf
EQUIP Toolkit: Equity Oriented Care	Link: <u>https://equiphealthcare.ca/resources/equity-essentials/</u>
Tips on What to/What Not to Say or Do when	23 Tips on What Not to Say or Do when Working Effectively with Indigenous Peoples Link: https://www.ictinc.ca/23-tips-on-what-not-to-say-or-do
Working Effectively with Indigenous Peoples	27 Tips on What to Say and Do when Working Effectively with Indigenous Peoples Link: https://www.ictinc.ca/27-tips-on-what-to-say-and-do
Dispelling Common Myths about Indigenous Peoples	Link: https://www.ictinc.ca/dispelling-common-myths-about-indigenous-peoples
Indigenous Peoples: A guide to Terminology	Link: https://www.ictinc.ca/indigenous-peoples-a-guide-to-terminology
Personal and Professional Pledge of Reconciliation	Link to Personal: https://www.ictinc.ca/personal-pledge-of-reconciliation-with-indigenous- peoples Link to Professional: https://www.ictinc.ca/professional-pledge-of-reconciliation-with- indigenous-peoples
Equity Talk Pocket Cards	Link: <u>https://equiphealthcare.ca/files/2019/12/pc_equity-talk-Dec-13-2017.pdf</u>
Trauma Informed Practice Guide	Website: <u>https://cewh.ca/wp-content/uploads/2012/05/2013_TIP-Guide.pdf</u>

Wellbriety	<ul> <li>Website: <u>https://wellbriety.com/</u></li> <li>Vision: A sustainable grassroots Wellbriety Movement that provides culturally based healing for the next seven generations of Indigenous people.</li> <li>Mission: Disseminate culturally based principles, values, and teachings to support healthy community development and servant leadership, and to support healing from alcohol, substance abuse, co-occurring disorders, and intergenerational trauma.</li> </ul>
Racism Scale	Scale: <a href="https://www.naadac.org/assets/2416/kathy_fitzjefferies_ac17ho9.pdf">https://www.naadac.org/assets/2416/kathy_fitzjefferies_ac17ho9.pdf</a>
National Centre	Link: <u>https://nctr.ca/</u>
for Truth and	
Reconciliation	
National	Link: <a href="https://www.nccih.ca/1673/Cultural_Safety_Collection.nccih?Collectionid=3">https://www.nccih.ca/1673/Cultural_Safety_Collection.nccih?Collectionid=3</a>
Collaborating	
Centre for	
Indigenous	
Health: Cultural	
Safety Collection	
Project Implicit Biases Test	Link: <u>https://implicit.harvard.edu/implicit/takeatest.html</u>

Reading Material and Research		
Truth and Reconciliation Commission of	Call to Action Website: <u>https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/indigenous-people/aboriginal-peoples-documents/calls_to_action_english2.pdf</u>	
Canada: Calls to Action	Government Agency Website: https://www.rcaanc- cirnac.gc.ca/eng/1450124405592/1529106060525	
Addictions Treatment Research	<b>Title</b> : Abstinence Versus Harm Reduction: Considering Follow-up and Aftercare in First Nations Addictions Treatment Link: <u>here</u>	
Article on Social Constructionism	<b>Title</b> : Social Constructionism: The SAGE Encyclopedia of Communication Research Methods Link: <u>Here</u>	

Book	Title: Suffer the Little Children: Genocide, Indigenous Nations and the Canadian StateAuthor: Tamara StarblanketAmazon Link: <u>here</u>
Book	Title: The Colonial Problem: An Indigenous Perspective on Crime and Injustice in Canada         Paperback         Author: Lisa Monchalin         Amazon Link: <u>here</u>
Book	Title: Honest Broker Author: Pielke, Roger A, Jr, Cambridge University Press, Quality
Article	<b>Title:</b> The Mental Health of Aboriginal Peoples: Transformations of Identity and Community <b>Author:</b> Laurence J Kirmayer, MDI, Gregory M Brass, MA2, Caroline L Tait, MA3 <b>Link:</b> <u>here</u>
Research Article	Title: Two-Eyed Seeing: A Framework for Understanding Indigenous and Non-Indigenous         Approaches to Indigenous Health Research         Author: Debbie H. Martin         CJNR 2012, Vol. 44 No 2, 20–42         Link: here
Research Article	Title: Unmet health needs and discrimination by healthcare providers among an Indigenous population in Toronto, Canada Author: George Tjensvoll Kitching & Michelle Firestone & Berit Schei1 & Sara Wolfe & Cheryllee Bourgeois & Patricia O'Campo & Michael Rotondi & Rosane Nisenbaum & Raglan Maddox & Janet Smylie, Canadian Journal of Public Health (2020) 111:40–49 Link: <u>here</u>

Courses/Learning Webinars		
FNHA Cultural Humility Webinar Series	Website: https://www.fnha.ca/about/news-and-events/news/cultural-safety-and-cultural- humility-webinar-action-series	
San'yas	Website: https://sanyas.ca/	
Indigenous		
<b>Cultural Safety</b>		
<b>Training Program</b>		
Indigenous	Link: https://www.icscollaborative.com/	
<b>Cultural Safety</b>		
Collaborative		
Learning Series		

EHN Webinar	<b>EHN Canada Webinar:</b> Indigenous Communities, Healthcare and Trust with the Current System <b>Video: Here</b>
	video. <u>Here</u>
	Slides: <u>Here</u>
Addressing Anti-	Website with Recording: https://www.ubccpd.ca/2021-11-04-addressing-anti-indigenous-
Indigenous	racism-bc-health-care-system
Racism in the B.C.	
Health Care	
System – UBC CPD	
Aboriginal	Website: https://www.coursera.org/learn/aboriginal-education
Worldviews and	
Education –	
University of	
Toronto	
Indigenous	Website: https://www.coursera.org/learn/indigenous-canada#about
Canada –	
University of	
Alberta	