

# Resources for Health Care Providers to Support Indigenous Clients

Resources	
<b>In Plain Sight Report</b>	<b>Website:</b> <a href="https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-Summary-Report.pdf">https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-Summary-Report.pdf</a>
<b>EQUIP Toolkit: Equity Oriented Care</b>	<b>Link:</b> <a href="https://equiphealthcare.ca/resources/toolkit/">https://equiphealthcare.ca/resources/toolkit/</a>
<b>Tips on What to/What Not to Say or Do when Working Effectively with Indigenous Peoples</b>	<p><b>23 Tips on What Not to Say or Do when Working Effectively with Indigenous Peoples</b></p> <p><b>Link:</b> <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/23-Tips-on-What-Not-to-Say-or-Do-When-Working-With-Indigenous-Peoples.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/23-Tips-on-What-Not-to-Say-or-Do-When-Working-With-Indigenous-Peoples.pdf</a></p> <p><b>27 Tips on What to Say and Do when Working Effectively with Indigenous Peoples</b></p> <p><b>Link:</b> <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/27-Tips-on-What-to-Say-and-Do-When-Working-Effectively-With-Indigenous-Peoples.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/27-Tips-on-What-to-Say-and-Do-When-Working-Effectively-With-Indigenous-Peoples.pdf</a></p>
<b>Dispelling Common Myths about Indigenous Peoples</b>	<b>Link:</b> <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Dispelling-Common-Myths-About-Indigenous-Peoples.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Dispelling-Common-Myths-About-Indigenous-Peoples.pdf</a>
<b>Indigenous Peoples: A guide to Terminology</b>	<b>Link:</b> <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Indigenous-Peoples-A-Guide-to-Terminology.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Indigenous-Peoples-A-Guide-to-Terminology.pdf</a>
<b>Personal and Professional Pledge of Reconciliation</b>	<p><b>Link to Personal:</b> <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Personal-Pledge-of-Reconciliation.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Personal-Pledge-of-Reconciliation.pdf</a></p> <p><b>Link to Professional:</b> <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Professional-Pledge-of-Reconciliation.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.ictinc.ca/hubfs/eBooks/Professional-Pledge-of-Reconciliation.pdf</a></p>

<b>Equity Talk Pocket Cards</b>	<b>Link:</b> <a href="https://equiphealthcare.ca/files/2019/12/pc_equity-talk-Dec-13-2017.pdf">https://equiphealthcare.ca/files/2019/12/pc_equity-talk-Dec-13-2017.pdf</a>
<b>Trauma Informed Practice Guide</b>	<b>Website:</b> <a href="https://cewh.ca/wp-content/uploads/2012/05/2013_TIP-Guide.pdf">https://cewh.ca/wp-content/uploads/2012/05/2013_TIP-Guide.pdf</a>
<b>Wellbriety</b>	<p><b>Website:</b> <a href="https://wellbriety.com/">https://wellbriety.com/</a></p> <p><b>Vision:</b> A sustainable grassroots Wellbriety Movement that provides culturally based healing for the next seven generations of Indigenous people.</p> <p><b>Mission:</b> Disseminate culturally based principles, values, and teachings to support healthy community development and servant leadership, and to support healing from alcohol, substance abuse, co-occurring disorders, and intergenerational trauma.</p>
<b>Racism Scale</b>	<b>Scale:</b> <a href="https://www.naadac.org/assets/2416/kathy_fitzefferies_ac17ho9.pdf">https://www.naadac.org/assets/2416/kathy_fitzefferies_ac17ho9.pdf</a>
<b>Indigenous Health Primer</b>	<b>Link:</b> <a href="file:///C:/Users/jlongo/Downloads/indigenous-health-primer-e.pdf">file:///C:/Users/jlongo/Downloads/indigenous-health-primer-e.pdf</a>
<b>National Centre for Truth and Reconciliation</b>	<b>Link:</b> <a href="https://nctr.ca/">https://nctr.ca/</a>
<b>National Collaborating Centre for Indigenous Health: Cultural Safety Collection</b>	<b>Link:</b> <a href="https://www.nccih.ca/1673/Cultural_Safety_Collection.nccih?Collectionid=3">https://www.nccih.ca/1673/Cultural_Safety_Collection.nccih?Collectionid=3</a>
<b>Project Implicit Biases Test</b>	<b>Link:</b> <a href="https://implicit.harvard.edu/implicit/takeatest.html">https://implicit.harvard.edu/implicit/takeatest.html</a>

## Reading Material and Research

<b>Truth and Reconciliation Commission of Canada: Calls to Action</b>	<p><b>Call to Action Website:</b> <a href="https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/indigenous-people/aboriginal-peoples-documents/calls_to_action_english2.pdf">https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/indigenous-people/aboriginal-peoples-documents/calls_to_action_english2.pdf</a></p> <p><b>Government Agency Website:</b> <a href="https://www.rcaanc-cirnac.gc.ca/eng/1450124405592/1529106060525">https://www.rcaanc-cirnac.gc.ca/eng/1450124405592/1529106060525</a></p>
<b>Addictions Treatment Research</b>	<p><b>Title:</b> <i>Abstinence Versus Harm Reduction: Considering Follow-up and Aftercare in First Nations Addictions Treatment</i></p> <p><b>Link:</b> <a href="#">here</a></p>
<b>Article on Social Constructionism</b>	<p><b>Title:</b> <i>Social Constructionism: The SAGE Encyclopedia of Communication Research Methods</i></p> <p><b>Link:</b> <a href="#">Here</a></p>
<b>Book</b>	<p><b>Title:</b> <i>Suffer the Little Children: Genocide, Indigenous Nations and the Canadian State</i></p> <p><b>Author:</b> <a href="#">Tamara Starblanket</a></p> <p><b>Amazon Link:</b> <a href="#">here</a></p>
<b>Book</b>	<p><b>Title:</b> <i>The Colonial Problem: An Indigenous Perspective on Crime and Injustice in Canada</i> Paperback</p> <p><b>Author:</b> <a href="#">Lisa Monchalin</a></p> <p><b>Amazon Link:</b> <a href="#">here</a></p>
<b>Book</b>	<p><b>Title:</b> <i>Honest Broker</i></p> <p><b>Author:</b> Pielke, Roger A, Jr, Cambridge University Press, Quality</p>
<b>Article</b>	<p><b>Title:</b> <i>The Mental Health of Aboriginal Peoples: Transformations of Identity and Community</i></p> <p><b>Author:</b> Laurence J Kirmayer, MDI, Gregory M Brass, MA2, Caroline L Tait, MA3</p> <p><b>Link:</b> <a href="#">here</a></p>
<b>Research Article</b>	<p><b>Title:</b> <i>Two-Eyed Seeing: A Framework for Understanding Indigenous and Non-Indigenous Approaches to Indigenous Health Research</i></p> <p><b>Author:</b> Debbie H. Martin</p> <p>CJNR 2012, Vol. 44 No 2, 20–42</p> <p><b>Link:</b> <a href="#">here</a></p>
<b>Research Article</b>	<p><b>Title:</b> <i>Unmet health needs and discrimination by healthcare providers among an Indigenous population in Toronto, Canada</i></p> <p><b>Author:</b> George Tjensvoll Kitching &amp; Michelle Firestone &amp; Berit Schei1 &amp; Sara Wolfe &amp; Cherylee Bourgeois &amp; Patricia O'Campo &amp; Michael Rotondi &amp; Rosane Nisenbaum &amp; Raglan Maddox &amp; Janet Smylie,</p> <p><b>Canadian Journal of Public Health (2020) 111:40–49</b></p> <p><b>Link:</b> <a href="#">here</a></p>

## Courses/Learning Webinars

<b>FNHA Cultural Humility Webinar Series</b>	<b>Website:</b> <a href="https://www.fnha.ca/about/news-and-events/news/cultural-safety-and-cultural-humility-webinar-action-series">https://www.fnha.ca/about/news-and-events/news/cultural-safety-and-cultural-humility-webinar-action-series</a>
<b>San'yas Indigenous Cultural Safety Training Program</b>	<b>Website:</b> <a href="https://sanyas.ca/">https://sanyas.ca/</a>
<b>Indigenous Cultural Safety Collaborative Learning Series</b>	<b>Link:</b> <a href="https://www.icscollaborative.com/">https://www.icscollaborative.com/</a>
<b>EHN Webinar</b>	<b>EHN Canada Webinar:</b> <i>Indigenous Communities, Healthcare and Trust with the Current System</i> <b>Video:</b> <a href="#">Here</a>  <b>Slides:</b> <a href="#">Here</a>
<b>Addressing Anti-Indigenous Racism in the B.C. Health Care System – UBC CPD</b>	<b>Website with Recording:</b> <a href="https://www.ubccpd.ca/2021-11-04-addressing-anti-indigenous-racism-bc-health-care-system">https://www.ubccpd.ca/2021-11-04-addressing-anti-indigenous-racism-bc-health-care-system</a>
<b>Aboriginal Worldviews and Education – University of Toronto</b>	<b>Website:</b> <a href="https://www.coursera.org/learn/aboriginal-education">https://www.coursera.org/learn/aboriginal-education</a>
<b>Indigenous Canada – University of Alberta</b>	<b>Website:</b> <a href="https://www.coursera.org/learn/indigenous-canada#about">https://www.coursera.org/learn/indigenous-canada#about</a>